



AGM

September 22, 2025



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### Mission Statement:

The Shuswap Family Resource and Referral Society supports children and youth, individuals and families and provides referrals and connections for services in our community and area.

### Philosophy Statement:

We work with individual and family strengths to encourage personal growth and change towards wellbeing and a healthy community.

### Values:

We are inclusive and respectful of individuals and their choices.

We honour our employees and their contributions.

We are responsive to the changing needs of the community.

WE provide an honest, friendly and non-judgemental service based on 'best-practice'. We use our resources efficiently and effectively.

# ORGANIZATIONAL CHART

## VOLUNTEERS BOARD

### EXECUTIVE DIRECTOR

OFFICE MANAGER  
& FINANCE

ASSOCIATE  
DIRECTOR

ADMIN ASSISTANT to E.D.

EVENTS COORDINATOR

ADMIN

PROGRAMS

- Family Development Program (FDP)
- Intensive Family Preservation Program (IFP)
- Community Counselling Program (CCP)
- Child and Youth Mental Health Outreach (CYMHO)
- Sexual Abuse Intervention Program (SAIP)
- Food Security
  - Community Garden
  - Gleaning
  - Community Kitchen
  - Youth Community Kitchen
- Adoption Support Program
- Grandparents Raising Grandchildren (GRG)
- Pregnancy Outreach Program Coordinator
  - Pregnancy Outreach Program (POP)
  - Moms For Recovery
- Stop Now And Plan (SNAP)
- Advocate (BC Law Foundation)
- Private Supervised Visits - Fee For Service



# Board of Directors 2025

- Secretart/Director - Jacquie Currie
- Secretary/Director – Launa Payne
- Secretary/Director – Sherrelle Anderson
- Staff Representative – Vlad Polyakh

# ANNUAL GENERAL MEETING

## FAMILY RESOURCE CENTRE

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Date: SEPTEMBER 23 2024

LOCATION: Family Resource Center, Salmon Arm

Time: 4:00 PM

Meeting called to order by: Patti Thurston at 4:04PM

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The Executive Director made general opening remarks thanking and welcoming all in attendance and offering refreshments followed by acknowledgement that we work and gather on the Traditional lands of the Secwepemc People.

### IN ATTENDANCE

Kory Unrah, Vlad Polyakh, Maree Colwell, Gudrum Malmquavist, Kathi Fischer, Alma Hamilton, Devan Shumacher, Kyle Shumacher Tammy Young, Patti Thurston, Amber Woods, Caleb Geisbrecht, Angel St. Denis, Colleen Bunbury, Michael Pierrard, Jacquie Currie, Lawna Payne, Sherelle Anderson, Thomas Briginshaw, Brad Sheilds, Shannon Kehl

**AGENDA APPROVED** Proposed Agenda presented by Patti Thurston, reviewed by all and Motion to Approve made by K Unruh, seconded by Tammy Young. Unanimously approved.

**APPROVAL OF 2023 MINUTES:** Call for errors or omissions to 2023 AGM minutes – none presented, motion to approved by K. Unrah, seconded by Kyle S, Unanimously approved.

### ACCOUNTANTS REPORT

Presented by Kory: It is ironically appropriate that as my last duty as a Board Director I'm asked to deliver the Financial statement. Poor Patti knows too well how I've bothered her for financial reports over the years. I can only encourage her future Board members to continue to work on helping Patti feel comfortable enough to share that that kind of valuable information.

This report covers the period of April 1, 2023 to March 31, 2024.

ACCOUNTS RECEIVABLE - \$36,000 from the City of Salmon Arm for the LAUNCH Program.

SPENDING: \$28,000 IN CAPITAL SPENDING FOR IN HOUSE FURNITURE AND COMPUTERS. Always good to have up to date equipment to work with.



The Income statement indicates a \$100,000.00 increase in revenue, majority of which is from MCFD who have staffing problems, as well as the new BSCI Youth Program (LAUNCH) for \$86,000.00

Income is offset by fewer donations and less revenue from private supervised visits, salary and wage rate increases, general program expenses and something we have all felt, interest on long term debt. All to the tune of \$140,000.00

In the area of cash flow, Chelsea Kraft advises that while the Society generated positive cash flow from operations, this was offset by capital purchases and debt repayments, resulting in an overall decrease in cash of about \$20,000.00 for the year.

As Chelsea states: "Overall it feels like this was a more "normal" year for the Society. While the net profit for the year was modest, new opportunities for 2025 are providing a positive outlook for the future>"

The complete financial statements will be published in the Centre's AGM package, available on line. Thank You.

Patti noted that as a Not for Profit society a modest net profit was appropriate and in line with our objectives.

## **SOCIETY TRANSITION – ELECTION OF OFFICERS -**

All officers positions on the board are released. Special recognition of Kory Unruh who is resigning and choosing not to stand for re-elections after 10 years of dedicated service. Kory was presented with a token of appreciation by Patti with sincere thanks for all of the hard work, especially through the difficult years.

The following members were elected to the board for the upcoming year by 6 affirmative votes each:

- Kyle Shumacher
- Tammy Young
- Jacquie Currie
- Lawna Payne
- Sherelle Anderson

Two Additional members have complete all documentation to stand but could not attend CARMEN CRAN and DR ZYDECH

## **EXECUTIVE DIRECTORS REPORT**

- - **BUILDING COMMUNITY CONNECTIONS AND STRENGTHENING**
    - **COLLABORATIONS**
  - Good Afternoon and welcome to our 35th AGM, marking the beginning of our 36th year of dedicated service to our community and the Shuswap. I am deeply honored to continue this journey with you and appreciate your presence today.
  - Our commitment to providing a secure, nurturing environment for families remains unwavering. We believe that every person is part of a family, and our focus continues to be on enriching our children and youth programs. This year, we have secured a new contract with the Building Safer Communities Initiative, which supports marginalized youth in preparing for employment. This addition aligns with our ongoing mission to

- create safe, inclusive spaces where youth can connect, learn, and grow.

## **A Year of Triumphs Over Challenges**

- This year has been extraordinary in many ways. As we faced numerous challenges, the resilience and creativity of our community, the Shuswap Family Centre team, and our dedicated Board shone through. We worked together to support our community, adapting to changing circumstances and fostering stronger connections.

- We served over 16,000 individuals both through physical visits and virtual platforms, maintaining our status as a vital community resource. Embracing a hybrid model of service delivery has been key to expanding our reach and effectiveness. I extend my heartfelt gratitude to the entire SFC team, whose passion and dedication make our work possible.

## **Community Unity and Expansion**

- Our team has grown, welcoming new members while bidding farewell to valued colleagues who have moved on to new ventures. Each team member's professional contributions, dedication, and extra efforts, from daily cleaning to snow removal, have been instrumental in our success.

- The Shuswap community continues to amaze us with its generosity. Through food donations, volunteered time, skills, services, and financial contributions, our community has bolstered our capacity to address the growing needs we face. We have seen an increase in volunteer engagement, with enthusiastic youth bringing a new and positive energy to our center.

- The Shuswap Family Centre (SFC) successfully secured a grant from the Building Safer Communities Initiative (BSCI), enabling us to launch "Launch!" – a youth entrepreneurial program. This initiative connects vulnerable youth with employers, providing them with the skills and support needed to become work-ready. It aims to give youth in our community a voice, fostering meaningful connections and empowering them to pursue employment opportunities confidently.

## **Financial Resilience and Sustainability**

- Through fiscal responsibility and innovative thinking, we have successfully expanded our services and community connections. Securing philanthropic funding has become a cornerstone of our financial strategy, and I remain focused on exploring additional avenues, such as social enterprises, to sustain our future.

- One highlight of our community support is the "coin box" initiative, encouraging families to collect spare change for our unfunded children and youth programs. With Salmon Arm Downtown's participation, we see Small Change = Big Change; in action.

- Our Christmas campaign, a collaborative effort with Canadian Tire and the Salmon Arm Fire Department, remains a source of joy and support for families in need. We aim to inspire more families to join in and support this heartwarming tradition.

## **Supporting Students and Connecting the Community**

- As a field placement site for students across Canada, Shuswap Family Centre continues to provide valuable practicum opportunities, contributing to mental health support in our community. We proudly collaborate with various educational institutions, and the students not only enhance our team but also offer free mental health services.

- Our long-standing partnership with the Shuswap Food Action Co-op is another key aspect of our work, promoting food education and sustainable food security. The Community Teaching Garden remains a focal point, and we continue to support the Salvation Army in their centrally located food security projects. The newest food sustainability project, the John McLeod Community Garden, sits at the heart of our



- community, honoring John's passion for ensuring that everyone has access to nourishing food. I miss his physical presence and honor his legacy.
- 
- In recognition of our supporters, we are working on creating our Gratitude wall to honor those who have made significant contributions to our society,
- so we are able to serve our community. Our signature kites are ready, and we are eagerly preparing to honor our generous donors on the Gratitude Wall. Their support has been invaluable, and this tribute is a small way to express our heartfelt thanks.
- 

### • **A Strong and Adaptive Society**

- The Shuswap Family Centre is evolving to meet our community's changing needs. Our strength lies in our ability to respond to challenges with professionalism and positivity.
- This strength is a direct reflection of our united team, who are deeply committed to serving and giving back to the community.
- Goals for the Coming Year
- 

- Reflecting on the achievements of this year, I have outlined our goals for the next fiscal year:
- 

- ☐ Strengthen community connections for in-person services.
- ☐ Enhance and expand all SFC programs.
- ☐ Address administrative needs and navigate financial challenges.
- ☐ Continue supporting the community with limited resources.
- ☐ Seek innovative approaches to address growing mental health challenges in our community.
- ☐ Secure philanthropic support.
- ☐ Reinvigorate and expand our member/volunteer roster.
- ☐ Implemented our new by-laws, policies, and procedures to ensure open governance.

### • **In Conclusion**

- As we move forward, I remind everyone that small changes can lead to significant transformations. The Shuswap Family Centre strives to be a bridge to food, people, community services, news, resources, and joy. I am privileged to be a part of this wonderful place and work alongside an incredible team of Board members, staff, and volunteers.
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- My heartfelt thanks to each of you for your continued support and dedication to our mission. Together, we look forward to another successful year of serving our community
- 

Patti closed with the Big news of the inaugural Family Expo, Saturday September 28 from 9:30 – 4:00pm at the Fairgrounds.

Patti called for questions, with none being posed Sherelle Anderson moved to adjourn. The meeting was adjourned at 4:39 PM

**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**

**Financial Statements**

**Year Ended March 31, 2025**

**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Index to Financial Statements**  
**Year Ended March 31, 2025**

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CHARTERED PROFESSIONAL ACCOUNTANTS

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## INDEPENDENT PRACTITIONER'S REVIEW ENGAGEMENT REPORT

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To the Members of Shuswap Family Resource and Referral Society

We have reviewed the accompanying financial statements of Shuswap Family Resource and Referral Society (the "Society") that comprise the statement of financial position as at March 31, 2025, and the statements of receipts and disbursements, changes in net assets and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

### *Management's Responsibility for the Financial Statements*

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO), and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### *Practitioner's Responsibility*

Our responsibility is to express a conclusion on the accompanying financial statements based on our review. We conducted our review in accordance with Canadian generally accepted standards for review engagements, which require us to comply with relevant ethical requirements.

A review of financial statements in accordance with Canadian generally accepted standards for review engagements is a limited assurance engagement. The practitioner performs procedures, primarily consisting of making inquiries of management and others within the entity, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less in extent than, and vary in nature from, those performed in an audit conducted in accordance with Canadian generally accepted auditing standards. Accordingly, we do not express an audit opinion on these financial statements.

### *Basis for Qualified Conclusion*

In common with similar charitable organizations, Shuswap Family Resource and Referral Society derives its income from the general public in the form of donations over which there are limited controls to the entry of donations in the accounting records. Accordingly, our review of these accounts were limited to the amounts recorded in these accounts. We are unable to assure these accounts are recorded correctly, unless further review was completed to assure and determine if necessary adjustments are required to correct entries.

(continues)



CHARTERED PROFESSIONAL ACCOUNTANTS

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Independent Practitioner's Review Engagement Report to the Members of Shuswap Family Resource and Referral Society *(continued)*

*Qualified Conclusion*

Based on our review, except for the possible effects of the matter described in the *Basis for Qualified Conclusion* paragraph, nothing has come to our attention that causes us to believe that the financial statements do not present fairly, in all material respects, the financial position of Shuswap Family Resource and Referral Society as at March 31, 2025, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

*Report on other legal and regulatory requirements*

As required by the Societies Act of British Columbia, we report nothing has come to our attention which causes us to believe these financial statements were not prepared on a basis consistent with the Canadian generally accepted accounting standards for not-for-profit organizations which was applied when preparing the financial statements of the preceding year.

A handwritten signature in black ink, appearing to read 'Trent Sismey Inc.', is positioned above the printed name.


Salmon Arm, British Columbia  
July 31, 2025

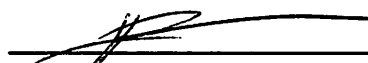
Trent Sismey Inc.  
Chartered Professional Accountants

**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Statement of Financial Position**  
**March 31, 2025**

	2025	2024
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 323,442	\$ 78,937
Accounts receivable	14,348	51,750
Prepaid expenses	5,120	3,824
	<u>342,910</u>	134,511
<b>TANGIBLE CAPITAL ASSETS (Note 3)</b>	<b>1,492,802</b>	<b>1,536,157</b>
<b>LONG TERM INVESTMENTS</b>	<u>10</u>	<u>10</u>
	<b>\$ 1,835,722</b>	<b>\$ 1,670,678</b>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable	\$ 81,045	\$ 95,440
Government remittances payable (Note 4)	23,081	37,295
Deferred income (Note 5)	314,272	56,914
Callable debt due in one year (Note 6)	25,573	23,664
	<u>443,971</u>	213,313
Callable debt due in one year (Note 6)	959,985	985,535
	<u>1,403,956</u>	1,198,848
<b>DEFERRED CAPITAL CONTRIBUTIONS (Note 7)</b>	<u>191,004</u>	198,963
	<u><b>1,594,960</b></u>	<u>1,397,811</u>
<b>NET ASSETS</b>		
General fund	(76,123)	(55,239)
Tangible capital asset fund	316,885	328,106
	<u>240,762</u>	272,867
	<b>\$ 1,835,722</b>	<b>\$ 1,670,678</b>

**ON BEHALF OF THE BOARD**

 Executive Director

 Associate Director

See notes to financial statements



**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Statement of Receipts and Disbursements**  
**Year Ended March 31, 2025**

	2025	2024
<b>RECEIPTS</b>		
Contracts	\$ 906,024	\$ 857,715
Program revenue	85,343	85,717
BC gaming grants	54,874	51,097
Other income (Note 10)	43,216	46,994
Lease revenue	34,862	34,282
Other grants	29,368	10,371
Amortization of deferrral capital contributions (Note 7)	7,959	8,290
	<u>1,161,646</u>	<u>1,094,466</u>
<b>DISBURSEMENTS</b>		
Salaries and wages	820,111	824,518
Program expenses	94,034	48,426
Building and operating expense	86,677	48,629
Interest on long term debt	77,807	68,283
Amortization	48,823	48,483
Operating and administration	29,186	22,462
Sub-contracts	23,322	9,420
Travel	9,274	7,081
Society resources and supplies	3,083	2,245
Donations	1,000	1,000
Bad debts	-	7,256
	<u>1,193,317</u>	<u>1,087,803</u>
<b>EXCESS (DEFICIENCY) OF RECEIPTS OVER DISBURSEMENTS FROM OPERATIONS</b>	<b>(31,671)</b>	<b>6,663</b>
<b>LOSS ON DISPOSAL OF ASSETS</b>	<b>(434)</b>	<b>(115)</b>
<b>EXCESS (DEFICIENCY) OF RECEIPTS OVER DISBURSEMENTS</b>	<b>\$ (32,105)</b>	<b>\$ 6,548</b>

**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Statement of Changes in Net Assets**  
**Year Ended March 31, 2025**

	General Fund	Tangible Capital Asset Fund	2025	2024
<b>NET ASSETS - BEGINNING OF YEAR</b>	\$ (55,239)	\$ 328,106	\$ <b>272,867</b>	\$ 266,319
Additions to tangible capital assets	(6,002)	6,002	-	-
Debt repayment	(23,642)	23,642	-	-
Deficiency of receipts over disbursements	8,760	(40,865)	<b>(32,105)</b>	6,548
<b>NET ASSETS - END OF YEAR</b>	\$ (76,123)	\$ 316,885	\$ <b>240,762</b>	\$ 272,867

**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Statement of Cash Flows**  
**Year Ended March 31, 2025**

	2025	2024
<b>OPERATING ACTIVITIES</b>		
Excess (deficiency) of receipts over disbursements	\$ (32,105)	\$ 6,548
Items not affecting cash:		
Amortization of tangible capital assets	48,823	48,483
Amortization of deferrral capital contributions	(7,959)	(8,290)
Loss on disposal of tangible capital assets	434	115
	<u>9,193</u>	<u>46,856</u>
Changes in non-cash working capital:		
Accounts receivable	37,402	(37,630)
Prepaid expenses	(1,296)	(1,558)
Accounts payable	(14,394)	25,161
Income taxes payable	(14,214)	9,330
Deferred income	257,358	(8,345)
	<u>264,856</u>	<u>(13,042)</u>
Cash flow from operating activities	<u>274,049</u>	<u>33,814</u>
<b>INVESTING ACTIVITIES</b>		
Purchase of tangible capital assets	(6,002)	(27,657)
Proceeds on disposal of tangible capital assets	100	-
Cash flow used by investing activities	<u>(5,902)</u>	<u>(27,657)</u>
<b>FINANCING ACTIVITY</b>		
Repayment of long term debt	(23,642)	(26,412)
<b>INCREASE (DECREASE) IN CASH FLOW</b>	<u>244,505</u>	<u>(20,255)</u>
Cash - beginning of year	<u>78,937</u>	<u>99,192</u>
<b>CASH - END OF YEAR</b>	<u>\$ 323,442</u>	<u>\$ 78,937</u>

**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Notes to Financial Statements**  
**Year Ended March 31, 2025**

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**1. PURPOSE OF THE ASSOCIATION**

Shuswap Family Resource and Referral Society (the "Society") is a not-for-profit organization incorporated provincially under the Society Act of British Columbia. As a registered charity the Association is exempt from the payment of income tax under Section 149(1) of the Income Tax Act.

The Society operates to provide a healthy community by supporting the needs of individuals and families.

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**2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

Basis of presentation

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

Revenue recognition

The Shuswap Family Resource and Referral Society follows the deferral method of accounting for contributions which consist primarily of grants, contract revenue, donations and fundraising proceeds.

Externally restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Lease revenues are recognized according to the lease terms.

Deferred revenue reflects the excess contributions received for expenses or services not delivered or funded in the current year. This amount is expected to be recognized as revenue in the following year.

Donated materials and services

Donated capital and investments are recorded in the financial statements at fair value on the date of the donation. Donated materials and services are not recorded because the fair market value is not readily determinable.

Financial instruments policy

Financial instruments are recorded at fair value when acquired or issued. For financial instruments subsequently measured at cost or amortized cost, fair value is adjusted by the amount of the related financing fees and transaction costs.

At each reporting date, the Society measures its financial assets and liabilities at cost or amortized cost (less impairment in the case of financial assets). The financial instruments measured at amortized cost are cash, accounts receivable, and accounts payable and accrued liabilities.

For financial instruments measured at cost or amortized cost, the Society regularly assesses whether there are any indications of impairment. If there is an indication of impairment, and the Society determines that there is a significant adverse change in the expected timing or amount of future cash flows from the financial asset, it recognizes an impairment loss in the statement of operations. Any reversals of previously recognized impairment losses are recognized in operations in the year the reversal occurs.

*(continues)*

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**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Notes to Financial Statements**  
**Year Ended March 31, 2025**

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2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES *(continued)*

Cash

Cash and cash equivalents consist primarily of cash, cash deposits and cheques outstanding. The Society's bank accounts are held by one financial institution. The Society has available an operating line of credit in the amount of \$1,500, bearing interest at 4.95%. As of March 31, 2025, the Society had undrawn capacity under the facility of \$1,500.

Tangible capital assets

Tangible capital assets are amortized over their estimated useful lives at the following rates and methods:

Buildings	4%	declining balance method
Furniture and equipment	20%	declining balance method
Computer equipment	30%	declining balance method
Fence	10%	declining balance method
Library	3 years	straight-line method
Signs	20%	declining balance method

No amortization is accounted for in the year of disposal. Gains and losses on the disposal of individual assets are recognized as income, or a reduction in income, in the year of disposal.

Deferred capital contributions

Contributions restricted for capital purposes are recorded as deferred capital contributions when the amount is invested in tangible capital assets and are amortized to revenue on the same basis as the related tangible capital assets are amortized to expense.

*(continues)*

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**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Notes to Financial Statements**  
**Year Ended March 31, 2025**

**2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES** *(continued)*

Impairment of tangible capital assets

When a tangible capital asset no longer has any long-term service potential to the Society, the excess of its net carrying amount over any residual value is recognized as an expense in the statement of operations. Any write-downs recognized are not reversed.

The society tests for impairment whenever events or changes in circumstances indicate that the carrying amount of the assets may not be recoverable. Recoverability is assessed by comparing the carrying amount to the projected future net cash flows the long-lived assets are expected to generate through their direct use and eventual disposition. When a test for impairment indicates that the carrying amount of an asset is not recoverable, an impairment loss is recognized to the extent the carrying value exceeds its fair value or replacement cost.

Use of estimates

Management reviews the carrying amounts of items in the financial statements at each balance sheet date to assess the need for revision or any possibility of impairment. Estimates are based on a number of factors including historical experience, current events and actions that the society may undertake in the future, and other assumptions that management believes are reasonable under the circumstances. In particular, estimates are used in accounting for certain items such as revenues, allowance for doubtful accounts, useful lives of capital assets, and accrued liabilities.

Measurement uncertainty

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amount of assets and liabilities, disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the period. Such estimates are periodically reviewed and any adjustments necessary are reported in earnings in the period in which they become known. Actual results could differ from these estimates. Items subject to significant management estimates include the allowance for doubtful accounts, asset useful lives and related amortization, accrued liabilities and deferred income.

**3. TANGIBLE CAPITAL ASSETS**

	Cost	Accumulated amortization	2025 Net book value	2024 Net book value
Land	\$ 476,009	\$ -	\$ 476,009	\$ 476,009
Buildings	1,257,023	278,282	978,741	1,016,455
Furniture and equipment	148,026	129,610	18,416	21,023
Computer equipment	97,451	84,585	12,866	15,002
Fence	7,278	1,555	5,723	6,359
Library	4,838	4,838	-	-
Signs	4,076	3,029	1,047	1,309
	<b>\$ 1,994,701</b>	<b>\$ 501,899</b>	<b>\$ 1,492,802</b>	<b>\$ 1,536,157</b>



**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Notes to Financial Statements**  
**Year Ended March 31, 2025**

**4. GOVERNMENT REMITTANCES PAYABLE**

Government remittances include, for example, federal and provincial sales taxes, payroll taxes, health taxes, and workers' safety insurance premiums. The following government remittances were payable at year end:

	<u>2025</u>	<u>2024</u>
Employee remittances payable	\$ 20,034	\$ 33,909
Worksafe BC	4,581	4,518
GST Rebate receivable	<u>(1,534)</u>	<u>(1,132)</u>
	<u>\$ 23,081</u>	<u>\$ 37,295</u>

**5. DEFERRED REVENUE**

	<u>2025</u>	<u>2024</u>
Unearned revenue	\$ 313,046	\$ 55,688
Security deposit	<u>1,226</u>	<u>1,226</u>
	<u>\$ 314,272</u>	<u>\$ 56,914</u>

Unearned revenues relate to unspent program revenues which are expected to be recognized in the next fiscal year.

**6. CALLABLE DEBT**

	<u>2025</u>	<u>2024</u>
Callable SASCU Mortgage payable, repayable in blended monthly instalments of \$8,454.00 including interest at 7.79%	<u>\$ 985,558</u>	<u>\$ 1,009,199</u>
	985,558	1,009,199
Amounts payable within one year	<u>(25,573)</u>	<u>(23,664)</u>
	<u>\$ 959,985</u>	<u>\$ 985,535</u>

*(continues)*

**SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY**  
**Notes to Financial Statements**  
**Year Ended March 31, 2025**

**6. CALLABLE DEBT** *(continued)*

Management does not believe that the demand features of the callable debt will be exercised in the current period. Assuming payment of the callable debt is not demanded, regular principal payments required on all long-term debt for the next five years are due as follows:

2024	\$ 25,573
2025	27,638
2026	29,870
2027	32,282
2028	870,195
	<u>\$ 985,558</u>

These amounts are estimates only and were calculated using 7.79% interest.

**7. DEFERRED CAPITAL CONTRIBUTIONS**

The deferred capital contribution represents the unamortized amount of the Capital Gaming Grant received for the capital renovations to the building purchased in 2019. The amortization of deferred capital contributions are recorded as revenue in the statement of operations, which offset the related amortization in the period. The current year changes in the deferred capital contributions balance are noted below:

	<u>2025</u>	<u>2024</u>
Balance, beginning of the year	\$ 198,963	\$ 207,253
Less amounts amortized to revenue in the year	<u>(7,959)</u>	<u>(8,290)</u>
	<u>\$ 191,004</u>	<u>\$ 198,963</u>

The total of the Capital Gaming Grant received was \$250,000, of which the full amount has been applied. The deferred capital contributions will continue to be amortized at 4% for the remaining useful life.

**8. FINANCIAL INSTRUMENTS**

**Credit Risk**

The organization has credit risk in accounts receivable \$14,348 (2024 - \$51,750). Credit risk is the risk that one party to a transaction will fail to discharge an obligation and cause the other party to incur a financial loss. The accounts receivable arise primarily from contracts or agreements from government and other funding agencies. The organization reduces its credit risk by maintaining strict controls with counterparties, and deals primarily with government and other funding agencies.

**Liquidity Risk**

The organization has liquidity risk in the accounts payable and accrued liabilities of \$81,045 (2024 - \$95,440). Liquidity risk is the possibility the organization cannot repay its obligations when they become due to its creditors. The organization reduces its exposure to liquidity risk by ensuring they authorize documents when payments become due; manage cash on hand, and repay long-term debt principal and interest when they come due.

# SHUSWAP FAMILY RESOURCE AND REFERRAL SOCIETY

## Notes to Financial Statements

Year Ended March 31, 2025

### 9. MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT PROGRAMS SURPLUS AND DEFICIT

	Revenues	Expenses	Surplus/Deficit
Intensive family preservation	\$ 166,925	\$ 162,088	\$ 4,837
Family development program	138,532	137,818	714
Mental health outreach	78,822	76,581	2,241
Supervised visitation	38,494	37,579	915
Sexual abuse intervention program	37,714	37,210	504
Adoption support services	26,672	25,755	917
Teen pop	24,042	22,990	1,052
Connect parenting	8,335	8,302	33
Enhancement	9,178	9,178	-
Grandparents raising grandchildren	6,552	6,797	(245)
	<u>\$ 535,266</u>	<u>\$ 524,298</u>	<u>\$ 10,968</u>

### 10. OTHER INCOME

	2025	2024
Other income consists of:		
FRC Donation Revenue	\$ 35,650	\$ 38,225
FRC Fundraising Revenue	4,555	5,018
FRC Parking Revenue	2,093	2,084
FRC Interest and Dividend Revenue	738	658
FRC General Revenue	180	959
FRC Membership Revenue	-	50
	<u>\$ 43,216</u>	<u>\$ 46,994</u>

### 11. ECONOMIC DEPENDENCE

The Society receives most of its revenue from government sources. These amounts comprise 79% (2024 - 81%) of the total revenues of the organization for the year. The Society is, therefore, economically dependant on the continuation of this funding in order to sustain its operations.

### 12. BRITISH COLUMBIA SOCIETIES ACT

British Columbia Societies Act requires disclosure of the amounts of remuneration, if any, paid to the directors and to employees or contractors who receive over \$75,000 per annum. The Society has two (2024 - two) individuals that fall within this requirement. Total remuneration for these individuals in 2025 was \$174,813 (2024 - \$175,848).

# **Shuswap Family Centre Annual Report**

## **Executive Director's Report**

**April 2024 – March 2025**

### **Building Stronger Connections and Celebrating Community Growth**

Good morning and welcome to our 36th AGM. It is an honor to be here with you as we mark another year of dedicated service to the Shuswap. Together, we continue to strengthen families, build resilience, and create opportunities for our children and youth to thrive.

This past year has been one of growth and celebration. With renewed energy, our collaborations have expanded, and our community connections have deepened. We are especially grateful for the Y.E.S.S. (Youth Empowerment and Support Services) funding, which provides vital support to our most vulnerable youth, helping them access resources, build confidence, and prepare for their futures.

### **A Year of Progress and Collaboration**

Our community's resilience and generosity remain inspiring. We served thousands of individuals across the region, both in-person and virtually, ensuring that services remained accessible and inclusive. The hybrid model continues to be a strength, allowing us to meet people where they are.

Partnerships have flourished. Our close relationship with the Seniors Resource Centre and the Community Volunteer Income Tax Program has enabled us to better support older adults and families, fostering inclusion and practical help for those who need it most. We also continue to enjoy a positive and productive relationship with our tenant, Pivot Point, whose work complements our own in serving local families and youth.

From schools and colleges who send us practicum students, to local organizations joining us in food security, family programming, and mental health supports, the web of care in our region is stronger than ever. New collaborations have helped us amplify our impact, proving that when we work together, the whole community benefits.

### **Community Support and Sustainability**

The generosity of the Shuswap continues to be the foundation of our work. Whether through food donations, volunteer time, financial contributions, or shared expertise, the spirit of giving has strengthened our programs. Our "coin box" initiative and Christmas campaign with Canadian Tire and the Salmon Arm Fire Department once again brought joy to families in need, reminding us that small acts create big change.

Financial stewardship remains a priority. With Y.E.S.S. funding, alongside philanthropic support and community initiatives, we are ensuring the stability and sustainability of our programs while exploring new opportunities for growth.

### **Looking Ahead**

- As we step into another year, our focus is clear:
- Expand and enhance children, youth, and family programming.
- Strengthen in-person connections while maintaining virtual access.
- Support vulnerable youth with Y.E.S.S. resources.
- Sustain food security and community wellness partnerships.
- Deepen relationships with seniors programs and community tenants like Pivot Point.
- Continue to seek innovative solutions to meet rising mental health needs.
- Our policies and procedures are updated for governance to strengthen our foundation for the future.

### **In Conclusion**

This has been a remarkable year for the Shuswap Family Centre. Together—with our Board, staff, volunteers, partners, and supporters—we continue to create safe, welcoming spaces where families are supported, youth are empowered, and seniors are valued.

I am deeply grateful for the dedication and compassion of our community, and I look forward with optimism to the year ahead.

Respectfully submitted,

Patricia Thurston

Executive Director



# ANNUAL/QUARTERLY REPORTS

2024-2025





681 Marine Park Drive NE  
Salmon Arm, BC V1E 2W7  
Phone: 250-832-2170  
Fax: 250-833-0137  
email: [sfrrcinfo@familyresource.bc.ca](mailto:sfrrcinfo@familyresource.bc.ca)  
Website: [www.familyresource.bc.ca](http://www.familyresource.bc.ca)

## **ADOPTION RESOURCE & SUPPORT**

### **Annual Report**

**April 1, 2024 – March 31, 2025**

#### **PROGRAM DESCRIPTION**

Adoption Resource & Support (ARS) is contracted by the Ministry for Children and Family Development to deliver 10.5 hours of services per week for children and families who are at any point in the adoption journey. The program priority since 2011 has been to assist in the transition from foster care to adoption. As well, the program is the community point of contact for adoptive families to receive brief support in the long term. ARS offers them access to a wide range of adoption resources, makes referrals and provides for drop-in consultations. In addition, ARS facilitates one or two adoption community events/lectures each year and works to raise community awareness about adoption.

#### **THE YEAR IN REVIEW**

1. Ministry for Children and Families (MCFD) Adoption Planning Team: This year ARS participated in the transitioning of one child and two sibling groups from foster to adoption status; and for two other children awaiting an adoptive family.  
ARS assisted two sets of perspective adoptive parents complete the 'Adoption Education Program'.
2. Annual Events for Adoptive families and friends:
  - All funding for the provision of 'Adoption Events' by SFC's Adoption Resource & Support Program has been suspended by MCFD, should the ARS Program be able to continue providing these events it would be through the efforts of fundraising initiatives.
  - With November being 'Adoption Awareness Month' the ARS Program, in conjunction with the local Salmar Theatre, developed an awareness campaign to promote this initiative.
  - To bring awareness to 'Adoption Awareness Month' in November, the ARS Program implemented an annual lecture series, bringing together adoptive families and mental health professionals to address the topics of interest that support the current needs of the adoptive families. Such topics include addressing anxiety levels in school & society, and supporting teens and youth as they ready themselves to move beyond graduation and onto the next stages of their journey towards independence.
3. Brief contact: Drop-ins, emails, phone calls, and occasional visits. These contacts are generally post-adoption, in some cases years after placement. Along with the annual events, the brief contact results in the creation of an adoption community.
4. Educational Resources/Informational Podcasts/Newsletters: Program relevant information and resources are regularly disseminated to program participants as it becomes available.

## STATISTICS

Cases carried forward	3	Cases opened	3	Cases closed	2
Total hours	546	Direct Service hours	472.5	Indirect Service hours	73.5
				Adoptive families served	76
Percent of hours in Direct Service			86.5%	Total # brief contacts	161

## PROGRAM CHALLENGES

1. A focus of ARS is working on the MCFD Adoption Planning Team and providing resources and support to both active and potential adoptive families. The cases referred to ARS tend to be more complicated than most transition plans. It would be helpful if additional time was allocated to the ARS contract so that more cases of transition work could be undertaken.
2. Families report the ongoing support is a very important and valuable service. Without this ARS service, it's likely the annual events, newsletters, and resources would not happen. It can be challenging at times to provide this support, including the networking aspect, as MCFD Adoption Planning Team work increases, MCFD staff changes and absences, along with the limited number of contract hours.
3. It would be highly beneficial to access increased hours for future contracts to be able to meet the needs of a growing community of adoptive families within an already expanding catchment area.
4. Another challenge for the ARS Program, as well as both prospective and adoptive parents, is the lack of local MCFD Adoption Social Workers. Due to staff shortages at the local MCFD office, the MCFD Adoption Social Workers are currently located in Kamloops.
5. Adoptive families have expressed their concern with MCFD's cutbacks of funding for adoption events, as the connections made at these events are truly supportive of strengthening adoptive family and community bonds.

## SUMMARY

The Adoption Resource and Support Program is a much-needed link to supports for children and families at all points of their adoption journey. The collaborative efforts of birth/foster/adoptive parents, Guardianship and Adoptive Social Workers, Adoption Support Worker, and the efforts of children themselves all lead to a powerful end result. The ARS Program helps to create and support a family for the child that has a chance to last forever.

It has been a pleasure to work with an organization focused on providing quality programs and services to the community, with such a high level of competency, understanding, and compassion.

A sincere appreciation to all Staff, Board Members, and Volunteers for their continued and ongoing support and encouragement of the Adoption Resource & Support Program.

Submitted by:

*Kathi Fischer*

**Adoption Resource Support Program Coordinator**

**Funding provided by: MCFD**

**2024-2025: Community Law  
Advocacy Program**

**Advocates:** Gudrun Malmqvist, Vasyl Davydenko

Legal Issue	Referral & Summary advice		Full Rep Opened		RTB Hearings	
	Information/Referral	Summary Advice	Information/Referral	Summary Advice	Information/Referral	Summary Advice
Income security	12,19,13,38	82	18,12,9,3	42	-	
Housing	34,22,10,38	104	20,14,7,6	47	0,1,0,0	1
Debt	4,0,0,5	9	0,0,1,0	1	-	
Family	19,15,13,18	65	-	-	-	
Other	50,36,29,61	176	2,3,0,2	7		
<b>Total</b>	<b>436</b>		<b>55</b>		<b>1</b>	

*(N.B. the numbers recorded in the columns Information/Referral, Summary Advice and Full Representation reflect only the first visit by a client on a particular matter)*

**Program Description**

The Community Law Advocacy Program is funded by the Law Foundation of BC.

We offer free confidential assistance and representation for low-income residents of Salmon Arm and surrounding communities who are facing legal issues in the areas of income security, provincial and federal disability benefits, employment standards, consumer debt and residential tenancy.

# QUARTERLY REPORT

JANUARY - MARCH 2025

STAFF: VLAD POLYAKH

PROGRAM: CHILD & YOUTH MENTAL HEALTH OUTREACH (CYMHO)

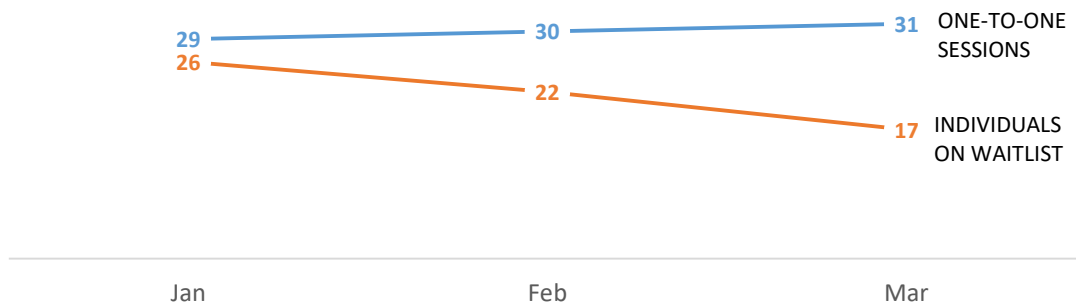
## PROGRAM DESCRIPTION

The Child and Youth Mental Health Outreach Program (CYMHO) is contracted to the Shuswap Family Centre through the Ministry of Child and Family Development (MCFD). The geographic area that is encompassed by CYMHO is Salmon Arm, Malakwa, Sicamous, and Enderby. The MCFD contract is a 24 hour per week program. In a 24 hour per week contract, full capacity is considered 10 families.

The desired outcomes of service delivery of CYMHO are:

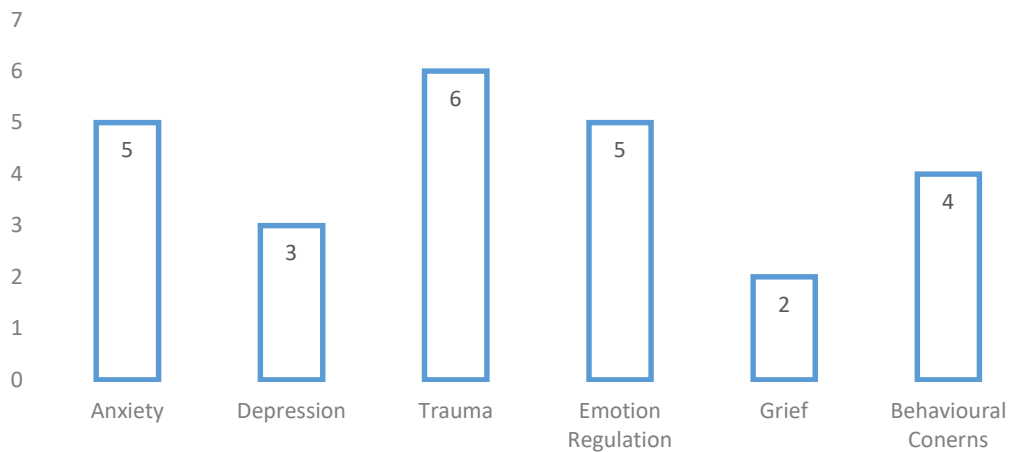
- To reduce the risk and enhance the resiliency of each child/youth to minimize the influence and manage the symptoms of their mental health issue.
- To strengthen the capacity of the family to address the child/youth's needs.
- To see an increase in family cohesion.
- To strengthen natural community supports available to the family.

## STATS



\* A total of 90 individual sessions.

## TYPES OF CONCERNS



## PROGRAM UPDATES

This quarter, the CMYHO program continued its strong collaboration with CYMH to deliver essential counselling services to children and youth in our community. The partnership has been instrumental in improving access to psychiatric services for clients with more complex needs, allowing for more comprehensive and timely support. The program also worked closely with other community agencies to support children and youth facing multifaceted challenges, ensuring a coordinated approach to care. Additionally, there has been a continued focus on engaging and supporting parents and caregivers, recognizing their critical role in the well-being and recovery of young clients. As a result of these combined efforts, the program achieved a significant reduction in its waitlist, enabling more families to access the help they need without prolonged delays.

Respectfully submitted,

Vlad Polyakh, MA, RCC



## Grandparents Raising Grandchildren (GRG) Support Program

### Annual Report

April 1, 2024 – March 31, 2025

Grandparents Raising Grandchildren (GRG) Program provides support for grandparents who are raising or are contemplating raising a family member's child. The most frequent reason for contact is the need for support in their struggle with emotional and financial issues. The program also makes referrals to community resources, and assists navigating complex legal and government systems.

**Rationale:** Grandchildren being raised by their grandparents have a chance to maintain attachments, roots and identity. A 2012 Ontario study and other recent kinship-care studies throughout North America have shown that these children experience fewer traumas, move less frequently, and are more likely to grow up with their siblings, than children in foster care. Advocates such as Parent Support Services BC point out that, in the long term, children and teens cared for by kin typically experience less youth homelessness, less addiction, less abuse-related mental illness, less incarceration, and have a higher probability of attaining a higher level of education. Therefore, GRG makes sense, for these and numerous other reasons.

**Program Goal:** GRG Program aims to provide a safe place to obtain support, resources, and guidance for Grandparents within the Salmon Arm and surrounding area, who find themselves parenting a second time around.

**Program Description:** GRG is contracted to the Shuswap Family Resource Centre by the Ministry for Children and Family Development (MCFD) for a total of 78 hours/year. It serves grandparents currently raising grandchildren as well as those who are contemplating taking on the role.

It offers:

- In-person and phone consultations for individuals and families available as necessary.
- Guest Speakers on topics of interest. Occasional small group 'Meet & Greet' sessions for GRGs with similar interests/concerns.

### Activities:

A main function of the program is to connect families with the Ministry for Children and Family Development Extended Family Program, Restrictive Foster Care, Adoption and Child Protection Programs, as well as other GRG families. The GRG Program also helps grandparents sort through custody and access issues.

A second function is to provide GRGs with support and connections to resources. This year several Grandparents took advantage of many of SFC and other community programs as a result of their contact with the program.

They made good use of:

Shuswap Family Centre Programs: Legal Advocacy Program, Parenting programs (Connect, Nobody's Perfect Parenting, etc.), Christmas Gift Campaign, Christmas 'Adopt a Family', our Community Counselling Program, Good Food Box, Farmers Market Coupons, and various other SFC programs and services.

Community resources: Provincial GRG Support Line and Legal Guide, Family Justice Counselling program, Office of the Representative for Children and Youth, Rent Subsidy Program, Goshen Consultants, Canada Pension Plan-Disability benefits for Dependent Child, BC Persons With Disability, Interior Health Children's



Assessment Network (IHCAN), Child Care Resource and Referral (CCRR) Child Care subsidy forms, Shuswap Children's Association, FASD Key Worker, JumpStart, KidSport, Pro bono Dentistry, free Children's Sunglasses through Shuswap Optometric, Enderby Santa's Workshop, North Okanagan Youth & Family Services-Vernon, Enderby & District Community Resources, links to current ADD or ADHD research, "Strengthening your Family" Webinar through Centre for Adoption Support and Education (C.A.S.E.).

GRGs were contacted about new or seasonal programs along with relevant program information; it is a great time to check in, catch up and maintain connection to the program.

#### **Additional Activities**

- Connecting Grandparents with each other resulted in independent playdates and mutually supportive phone contact.
- Met with MCFD Team Leader, establishing a communication link and exchanging information about programs and services.
- Program meetings with SFC Executive Director.
- Participated in the Parent Support Society of BC's support line for Grandparents Raising Grandchildren and kinship care providers.

#### **Statistics:**

Number of Grandparent-led families served	38
Total number individuals served (children & grandparents)	89
Number of individual support contacts	72
Number of hours in group	3
Recipients of group hours	19
Direct Service hours	86.4
Indirect Service hours	17.6
Total hours*	104
Percent of hours in Direct Service	83.1%

\*Hours in excess partially funded from unallocated GRG transportation and supply budgets.

#### **Challenges:**

- Typically the Grandparents who access this program are confused about their options and the pathways open to them. Those who do have an open case with MCFD may have been given some options, but often they report they have not received the help they need to pursue those options.
- Specific to this contract, there needs to be adequate funding and additional hours, to develop and maintain a network, promote the program, and support Grandparents as they deal with financial stresses, isolation and navigating legal and other systems.
- With the rising number of Grandparents taking on the responsibility of raising their grandchildren, more time is needed in the contract to facilitate and maintain both GRGs formal and informal supports. A bi-monthly coffee group would be beneficial and work well for GRG, however additional are required for staff to organize it. SFC offers a venue that could accommodate children and childminders, which would offer a much-needed break and informal support for these grandparents.

Submitted by:

*Kathi Fischer*

It has been a pleasure to work with an organization focused on providing quality programs and services to the community, with such a high level of competency, understanding, and compassion.

A sincere appreciation to all Staff, Board Members, and Volunteers, for their continued and ongoing support and encouragement of the Grandparents Raising Grandchildren Program.

**Funding provided by: MCFD**

## **Intensive Family Preservation Program**

### **Quarterly Report January - March 2025**

**IFP Staff:** Amber Woods, Brad Shields and Joel de Boer

#### **Program Description:**

The purpose of the Intensive Family Preservation Program is to preserve the family unit and prevent children from entering or remaining in the care of the Director. This is achieved through assessing family strengths and identifying appropriate and family-centered interventions that will reduce risk to children and enhance parenting capacity and skill acquisition.

IFP staff remain available to client families in imminent crisis for a period of six to eight weeks of intensive service delivery. This may be followed by an additional twelve weeks of family support to assist in the maintenance of fundamental family change when deemed appropriate by the Social Worker in consultation with the IFP counsellor and family.

#### **IFP Statistics: January - March**

**The maximum number of total cases is: 7**

	January	February	March
<b>Active Cases</b>	7	7	9
<b>Paused Cases Or Pending Cases</b>	1	0	0
<b>Closed Cases</b>	0	0	3

The Intensive Family Preservation (IFP) Program continues to work alongside families to achieve short and long-term goals that enhance family stability and wellbeing. The IFP workers engage in family-centered home visits and offer support by providing resources and referrals to community and provincial organizations and government subsidy programs. Additionally, the IFP workers engage in collaborative practice with MCFD social workers, school personnel, community counsellors, and other agencies within the community to provide wrap-around support to clients and their families.

# **FAMILY DEVELOPMENT PROGRAM**

Quarterly Report  
January – March 2025

## **FAMILY SUPPORT WORKERS:**

- Troy Prevost
- Caleb Giesbrecht

## **PROGRAM DESCRIPTION:**

The Family Development Program offers services to support families in the Salmon Arm and surrounding areas. This program aims to enhance parenting skills and build a secure healthy parent-child attachment. Participants accessing services are referred by the Ministry for Children and Family Development.

### **Family Development Services:**

The FDP offers services in three areas:

1. **Supervised Visitation Program;** This program offers parents with limited access to their children, an opportunity to meet them in a safe, friendly, and neutral environment. This service follows a set of guidelines.

2. **Supported Supervised Visitation Program;** This program meets with parents for a weekly parent education session. These sessions focus on the following:

- fostering secure attachment
- learning effective positive discipline strategies
- child development
- health, safety, and nutrition

Parents are provided an opportunity to demonstrate their learning.

3. **One to One Support;** Parents and caregivers are offered the opportunity to access parenting support and build their skills through one-to-one meetings with a family support worker. Connecting caregivers to community resources to foster a healthy home environment.

## **PROGRAM STATISTICAL OVERVIEW:**

New files opened: 4

Files closed: 2

One to one Support Services: 10

Supported Supervised Visitations: 1

Supervised Visitation: 1

Total families served: 11

**Challenges:**

Communications continued through e-mail, and phone to support clients. Face to face meetings were a weekly occurrence. We have been meeting with clients at SFC in the family room, and education room. MCFD has requested in-home visits, with some clients. SFC staff confirms visits with 24 hours' notice to ensure health and safety before driving to the family home. As the housing crisis rises, we have sent referrals to the SFC Legal Advocate to assist clients with poverty reduction and B.C. Housing application forms.

**Highlights:**

- The family development program has provided support to families navigating them with resource services in the community. Resources services in the community such as the Good Food box, Farmers Market Coupons, Second Harvest, and Neighbor Link. Funding through KidSport for after school activities.

The Family Development Team worked together on the following projects:

- Connected families and individuals with community resources.
- Completion of the Nobody's Perfect Parenting Group in person.

**Moving Forward:**

The Family Development Program is currently working on the following projects:

- Sourcing online resources and parenting programs to meet client needs.
- Sourcing funding to help with cost of engagement activities.
- Sourcing community nutritional support.

Troy Prevost: Family Development Worker

Caleb Giesbrecht: Family Development Worker

## Nobody's Perfect Program Annual Report April 2024 – March 2025

'Nobody's Perfect Parenting' is a preventive and proactive parenting education program designed to improve parents' capacity to maintain and promote the health and well-being of their preschool children. Within the parameters of the British Columbia Council of Families, ideal candidates for the program include parents who are:

- single
- young
- low income
- lacking in formal education/parenting skills
- have difficulty finding resources
- isolated socially, geographically or culturally.

During the 2024–2025 fiscal year, two Nobody's Perfect Parenting (NPP) groups were offered, each consisting of six sessions. A total of 8 parents were recruited into the program. Of those, 3 parents attended at least one session, and 2 parents completed the program by attending four or more sessions.

Parents reported attending the program for reasons such as addressing child behavioural concerns, wanting to start well with a newborn or very young baby, and family/child reunification. Barriers to participation included transportation and childcare challenges, as well as loss of contact with some recruited families.

The areas of discussion and topics covered within the Nobody's Perfect Parenting Program included:

- Safety – Body – Mind – Behaviours – Parenting Information
- Parenting Styles – Values & Beliefs – Temperaments & Learning Styles
- Positive Parenting – Discipline – Behavioural Issues & Concerns – Stages of Development
- Attachment & Attachment Styles – Parent Self-Care
- Various other topics and guest speakers as appropriate.

Parents expressed that the sessions helped them gain confidence and practical skills for managing behavioural concerns and strengthening the parent-child bond. They appreciated the supportive environment, noting that the group format and discussions were valuable to their parenting journey.

This year's primary challenges were transportation and childcare barriers, which contributed to reduced attendance and completion rates. Ongoing efforts are focused on increasing participant engagement and addressing these logistical challenges.

The Nobody's Perfect Parenting Program is facilitated by trained and certified staff and remains free of charge to participants. The Shuswap Family Centre extends sincere appreciation to all staff, board members, volunteers, and community partners for their support and commitment to this important program.

Funding provided by: Interior Health Authority (IHA)

Respectfully Submitted,

Joel de Boer

# PREGANANCY OUTREACH PROGRAM (POP)

## Quarterly Report and Annual Report

January 2025-March 2025

### POP WORKERS:

Colleen Bunbury IBCLC, Judy Breitreutz BSW, Shannon Kehl BA.

**The Pregnancy Outreach Program (POP)** is designed to support pregnant and postpartum individuals and their families from pregnancy until baby is 6 months of age. Program length can be extended on an individual basis upon assessment. We provide outreach services and one on one support appointments that include baby weight and development checks, referrals to other professionals/programs, printed resources and education, prenatal vitamin supplements, \$30 nutrition vouchers per month, and infant Vitamin D drops. We also host drop-in groups for peer engagement, exercise, education and a supportive environment for parents and babies to connect to community. Our purpose is to help guide pregnant individuals and new parents to be informed and healthy parents, so they can raise happy and healthy babies. We focus on nutrition, mental health, development and positive outcomes for infants and their families.

- Our **Tummies 2 Tots drop-in play group** ran indoors on Thursdays from 11-12:30pm in the Family Center group room this quarter. We have had increasing engagement and hosted several professional speakers which were well received. Refreshments and resources are always provided to participants.
- Our **Tummies 2 Tots drop-in walking group** has been held indoors at the Rogers arena from 10am – 11am this quarter. We have shared posters to build awareness in the community, and engagement in increasing.
- Our **Community Kitchen** began offering parent and tot cooking classes, which many of our participants utilized, and they have been a great success, teaching new skill and recipes and feeding families.
- We facilitated much anticipated meetings with Heartwood Postpartum and Shuswap Children's Association IDP, OT and PT teams to ensure positive working relationships, collaboration and wraparound service to the perinatal folks that we serve.
- **Annual Summary:** Our program has again seen much change this year with staffing. We were sad to see Angel St Denis and Georgia Kehl move on from the program and were grateful to add Shannon Kehl to our team. Judy Breitreutz returned from her LOA in the third quarter, and Colleen Bunbury moved into the role of program coordinator. We served a total of 127 pregnant and postpartum participants, and a total of 110 babies and children during this fiscal year. Our POP team continues to debrief and collaborate on a regular basis to aid in positive outcomes. The Pregnancy Outreach Program continues to receive referrals/new clients in all the regions we service. We are looking forward to a great 2025/2026 year with a strong team.

Quarter Active files: x 41

Quarter # Family members supported: x 128

Quarter Closed cases: x 1

Quarter Wait list – N\A

**YOUNG PARENT SUPPORT PROGRAM  
QUARTERLY PROGRAM REPORT**

**January-March 2025**

**SUPPORT WORKER:** Kayla Spelliscy

**PROGRAM DESCRIPTION:**

The Young Parent Support Program receives all referrals from the Ministry of Children and Family Development (MCFD) office in Salmon Arm. The program is a preventative service to strengthen families by supporting young parents in obtaining knowledge and skills to prepare for the birth of and care for their children, protect them from adverse lifestyle risks and achieve long-term family success by also participating in educational or employment ventures. Through a therapeutic relationship, guidance is provided to young parents to support personal growth and development, and ongoing healthy lifestyle changes to enhance positive parenting skills.

**PROGRAM STATISTICAL OVERVIEW:**

New files opened:	0
Files closed:	0
<b>TOTAL FAMILIES SERVED:</b>	<b>2</b>

**SUMMARY:**

The Young Parent Support Program continues to work with young parents to increase their awareness and knowledge in raising their young children. The Young Parent Support Program works closely to improve service to these families and identify new ways to meet their needs and goals. The program will continue to adapt to the current participants' needs and goals.

Sincerely,  
Kayla Spelliscy  
Young Parent Support Program



# Community Counselling Annual Summary 2024–2025

## Summary

The Community Counselling program offers counselling and emotional support services to children, youth, and adults seeking help with a range of concerns. This program was established to address a service gap identified within our community.

From April 2024 to March 2025, counselling services were provided to community members by a dedicated team of four practicum students. While fewer in number than in previous years, this smaller practicum team created a more streamlined and effective service model.

## Services Provided

During this year, a total of 64 individuals accessed counselling through the program, including 60 adults and 4 children. Sessions focused on a wide range of needs such as anxiety, depression, grief and loss, marital conflict, childhood trauma, and anger management.

Referrals came from many sources, including family, friends, physicians, MCFD, SD83, and other Shuswap Family Centre programs.

## Program Highlights and Challenges

The shift to a smaller practicum cohort strengthened supervision and improved consistency in service delivery. This change enhanced the learning environment for students and supported a more focused approach to client care.

However, the need for counselling services in the community remains high. With only practicum students delivering services and limited funding, the program continues to face challenges in meeting demand, resulting in ongoing waitlists.

## Program Goals

Looking ahead, the program will continue to focus on maintaining high-quality counselling services and supportive training experiences for practicum students. Efforts will also continue to secure additional funding to help expand service capacity and reduce wait times for community members seeking support.

## Conclusion

From April 2024 to March 2025, the Community Counselling program supported 64 individuals with counselling services delivered entirely by four practicum students. The decision to work with a smaller group of practicum students proved beneficial for service consistency and student learning. Despite funding limitations and growing demand, the program remains committed to meeting the mental health needs of the community.

Submitted by:

Joel de Boer

## **Sexual Abuse Intervention (SAIP) Program**

4<sup>th</sup> Quarterly Report

April 1<sup>st</sup>, 2024-March 31<sup>st</sup> 2025

Staff: Gayle Weed

Email: [gayleweedcounselling@gmail.com](mailto:gayleweedcounselling@gmail.com)

### **Program Description**

The Sexual Abuse Intervention Program (SAIP) is committed to providing a range of appropriate, timely, and accessible assessment, treatment, and support to children and youth who have been sexually abused. The most common strategies and models of intervention are trauma-informed and include expressive therapy (art and play), psychoeducation, and information on human development. Additionally, SAIP works with families, offers consultation, and makes referrals to other agencies and supports as needed.

### **SAIP Statistics**

Month	# of Clients Supported	# on Waitlist
January 2025	9	CYMH has the waitlist
February 2025	9	
March 2025	9	
April 2025	9	

### **Program Highlights**

The SAIP program currently supports children and youth of various ages, meeting on a weekly, bi-weekly, or monthly basis according to individual needs. A range of strategies—

including art and play therapy techniques—are used, guided by each child or youth’s preferences.

## **Summary**

The Sexual Abuse Intervention Program continues to meet with and support children and youth who have experienced sexual abuse in the past and/or present. Expressive therapy remains an important tool to help participants explore and understand their emotions. The program also provides resources to parents and caregivers who wish to learn about the impacts of abuse and how best to support their children.

Sincerely,

Patricia Thurston

Executive Director

## **Launch! Program**

### **Quarterly Report – January 1, 2025 to March 31, 2025**

#### **Staff:**

Michael Pierrard

Marlee Miede-Moffat

#### **Program Description**

Launch supports youth (aged 15–30) in Salmon Arm and the surrounding area who are experiencing systemic and individual barriers to employment.

#### **The desired outcomes of the program are:**

Identify and address the pre-employment needs experienced by vulnerable youth in Salmon Arm

Identify and address inequities and discrimination in hiring/employment practices that negatively impact vulnerable youth

Support youth in seeking and retaining employment

Support employers to increase their inclusivity in hiring

#### **Summary**

During the fourth quarter, participation in Launch continued to grow steadily, with more youth accessing drop-ins, workshops, and individualized support. Staff focused on strengthening partnerships with local employers, providing outreach to increase awareness of inclusive hiring practices. Several youth successfully transitioned into employment or training opportunities, reflecting the program's ongoing progress.

A major highlight this quarter was the addition of federal funding through the Youth Employment and Skills Strategy (Y.E.S.S.). This new support enhances the program's capacity to provide training opportunities, targeted resources, and employer engagement activities, ensuring that vulnerable youth have greater access to meaningful employment pathways.

Looking ahead, Launch will continue to support participants in building job readiness skills, while expanding engagement with employers to create sustainable, supportive employment opportunities for youth in the region.

Sincerely,

Patricia Thurston

Executive Director

## ADMIN/FRONT DESK

### AGM REPORT

JANUARY 2025 - MARCH 2025

Facebook-- We had a following on Facebook of approximately 1450 in 2024 and we are now at 1716 followers.

People. It's a great tool for telling the community about upcoming Events.

Instagram— We had 410 followers in 2024, and we are currently at 604 followers.

Thrift Shop Vouchers—As of April 2024 we no longer give out vouchers they can go directly to churches and pick up a card,

Good Food Box—The Good Food Boxes have continued to be sold at \$20 each this year. The total for the quarter were 14 boxes sold. January 5<sup>th</sup>, February 3<sup>rd</sup>, March 12<sup>th</sup>. Each month the Shuswap Family Centre purchases 17 boxes to donate to individuals who are most in need.

Volunteers—The Family Centre has Volunteers that assist with many of the day To day activities of the Centre. We had Parents come to our youth kitchen and Help cook and clean with their children. We have volunteers who are covering the front desk when needed, child care minding. Organizing and building maintenance of the exterior of the building. The outside lot and surrounding area are also cleaned up by volunteers.

Family Centre Coin Box Fundraiser—We have four donation containers set up at various locations in our community. Downtown Askews, DeMille's Farm Market, Co-op Gas Bar, Pedro's. We collect the change from the boxes at the end of every month.

Bus Tickets—We gave out bus tickets for this quarterly. We give two tickets to each person that comes in the centre. They appreciate this on cold days and hot days.

Snacks for Individuals in need—The Family Centre is giving out food to individuals in need we have frozen food ready to warm up for the person that comes in. We have been giving pizza and muffins. The pizza and muffins will be made by our volunteers. Made by the launch we have soup and the pop program also made butter chicken. We also gave out water this summer in the hot days we had individuals stop in for water daily.

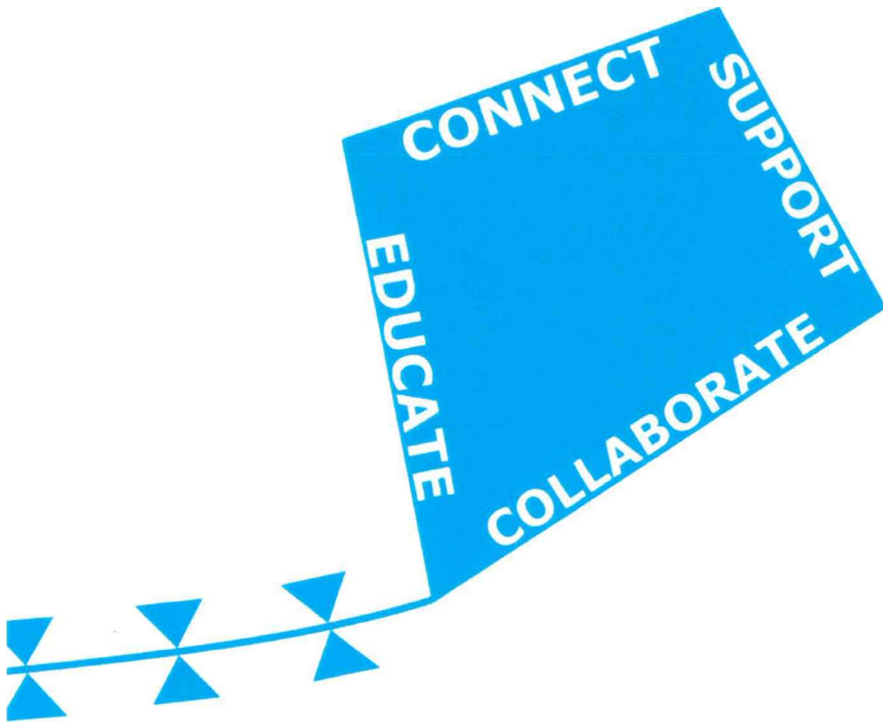
Popcorn Fundraiser—We are still making popcorn daily at the Centre to raise Funds. We are asking donations of a loonie our bags are smaller from the toonie donation.

No Frills/Super save Gas Cards—The Shuswap Family Centre gave out 12 No Frills gift cards and 17 supersave Gift Cards. We are no longer giving out Grocery gift cards to the unhoused clientele, that is why we started the frozen food alternative it is less expensive. We give out the Gift Cards to the families that are in dire needs and also Seniors who come in for help.

Online Auction—Our online auction was a great success this year due to our amazing support from our community. We had 82 items donated to us and we raised a total of 13,200 dollars.

Second Harvest—We are picking up boxes of food from Second Harvest each Wednesday. Clients have no way of getting there.

Month	Phone Calls	Walk-Ins	Appointments	Intakes
January	53	98	54	3
February	68	129	88	4
March	128	169	138	3



## MISSION STATEMENT

The Shuswap Family Resource and Referral Society supports children and youth, individuals and families and provides referrals and connections for services in our community and area.

*"Everyone comes from a family"*

## PHILOSOPHY STATEMENT

We work with individual and family strengths to encourage personal growth and change towards wellbeing and a healthy community.

## VALUES

We are inclusive and respectful of individuals and their choices.

We honour our employees and their contributions.

We are responsive to the changing needs of the community.

We provide an honest, friendly and non-judgemental service based on "best-practice".

We use our resources efficiently and effectively.





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### **Shuswap Family Centre - Five-Year Strategic Plan (2023-2028)**

**Vision:** To be the heart of our community, providing essential services and support to meet the evolving needs of families in the Shuswap region.

**Mission:** The Shuswap Family Centre is committed to fostering healthy, resilient, and connected families by offering a comprehensive range of services and rental spaces that promote well-being, education, and social engagement.

#### **Objective 1: Enhancing Core Services**

Expand and improve existing family support programs, such as parenting workshops, counselling, and early childhood education, to meet the growing demand and provide high-quality services.

Collaborate with community partners and stakeholders to identify emerging needs and develop new initiatives that address the challenges faced by families in the region.

Implement decolonization into the practises of the Shuswap Family Centre.

#### **Objective 2: Rental Space Optimization**

Capitalize on the increased demand for rental spaces post-pandemic by offering flexible packages and adapting space layouts to accommodate various event sizes and requirements.

Invest in technology and infrastructure to provide state-of-the-art facilities, audio-visual equipment, and enhanced connectivity for corporate events, conferences, and workshops.

Develop strategic partnerships with local businesses, event planners, and organizations to promote the Shuswap Family Centre as a premier venue for various functions, thus increasing rental revenue.

**Objective 3: Marketing and Community Engagement**

Implement a robust marketing and communication strategy to raise awareness of the Shuswap Family Centre's services and rental offerings within the community and surrounding areas.

Utilize social media platforms, email newsletters, and local media outlets to reach a broader audience and engage with potential clients.

Organize community events, open houses, and workshops to foster connections with our community and surrounding area in the Shuswap and demonstrate the value of the Family Centre's services.

**Objective 4: Financial Sustainability**

Regularly review and adjust the pricing structure for rental spaces to ensure competitiveness while maximizing revenue generation.

Diversify funding sources by actively seeking grants, sponsorships, and donations to support core services and special programs.

Implement cost-saving measures and efficiencies in operations to optimize resources and maintain financial stability.

**Objective 5: Facility Improvement and Safety**

Conduct regular assessments of the facility to identify necessary upgrades, repairs, and safety improvements to create a welcoming and secure environment for all users.

Allocate resources to enhance the aesthetics and functionality of the Family Centre, providing an inviting and modern space for community gatherings and events.

**Objective 6: Staff Development and Engagement**

Prioritize staff training and professional development to ensure that the team remains skilled and knowledgeable in delivering high-quality services.

Foster a positive and inclusive work culture that encourages teamwork, creativity, and a passion for supporting families in the community.

**Objective 7: Data driven Decision Making**

Establish a data collection and analysis system to track the impact and outcomes of the Family Centre's programs and services.

Utilize data insights to make informed decisions, identify areas for improvement, and demonstrate the effectiveness of services to funders and stakeholders.

**Objective 8: Sustainability and Green Initiatives**

Continue to integrate sustainability practices in the operations of the Family Centre, aiming to reduce environmental impact and promote eco-friendly initiatives.

Educate staff, clients, and the community on eco-conscious practices and encourage their participation in green initiatives.

**Objective 9: Collaboration and Partnerships**

Strengthen partnerships with local government agencies, schools, nonprofits, and businesses to create a unified support network for families in need.

Participate in collaborative initiatives and forums to advocate for policies that benefit families and improve the overall well-being of the community.

**Objective 10: Measuring Success and Impact**

Regularly evaluate the progress of the strategic plan against predefined milestones and Key Performance Indicators (KPIs).

Solicit feedback from clients, partners, and staff to continually improve services and adapt to changing community needs.

By pursuing these strategic objectives, the Shuswap Family Centre can continue to provide essential services to the community while effectively leveraging the increased revenue from rental spaces post-pandemic to support its mission and achieve long-term sustainability. The plan should be continually reviewed and adapted based on ongoing feedback, community needs, and changing circumstances to ensure its effectiveness and relevance over the five-year period.